

Slay THE MONTH OF MAY

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					<input type="checkbox"/> 2L water 1 <input type="checkbox"/> 30 min. exercise <input type="checkbox"/> 10,000 steps <input type="checkbox"/> 100 abs <input type="checkbox"/> 10 push ups <input type="checkbox"/> 15 min. reading	<input type="checkbox"/> 2L water 2 <input type="checkbox"/> 30 min. exercise <input type="checkbox"/> 10,000 steps <input type="checkbox"/> 100 abs <input type="checkbox"/> 10 push ups <input type="checkbox"/> 15 min. reading
<input type="checkbox"/> 2L water 3 <input type="checkbox"/> 30 min. exercise <input type="checkbox"/> 10,000 steps <input type="checkbox"/> 100 abs <input type="checkbox"/> 10 push ups <input type="checkbox"/> 15 min. reading	<input type="checkbox"/> 2L water 4 <input type="checkbox"/> 30 min. exercise <input type="checkbox"/> 10,000 steps <input type="checkbox"/> 100 abs <input type="checkbox"/> 10 push ups <input type="checkbox"/> 15 min. reading	<input type="checkbox"/> 2L water 5 <input type="checkbox"/> 30 min. exercise <input type="checkbox"/> 10,000 steps <input type="checkbox"/> 100 abs <input type="checkbox"/> 10 push ups <input type="checkbox"/> 15 min. reading	<input type="checkbox"/> 2L water 6 <input type="checkbox"/> 30 min. exercise <input type="checkbox"/> 10,000 steps <input type="checkbox"/> 100 abs <input type="checkbox"/> 10 push ups <input type="checkbox"/> 15 min. reading	<input type="checkbox"/> 2L water 7 <input type="checkbox"/> 30 min. exercise <input type="checkbox"/> 10,000 steps <input type="checkbox"/> 100 abs <input type="checkbox"/> 10 push ups <input type="checkbox"/> 15 min. reading	<input type="checkbox"/> 2L water 8 <input type="checkbox"/> 30 min. exercise <input type="checkbox"/> 10,000 steps <input type="checkbox"/> 100 abs <input type="checkbox"/> 10 push ups <input type="checkbox"/> 15 min. reading	<input type="checkbox"/> 2L water 9 <input type="checkbox"/> 30 min. exercise <input type="checkbox"/> 10,000 steps <input type="checkbox"/> 100 abs <input type="checkbox"/> 10 push ups <input type="checkbox"/> 15 min. reading
<input type="checkbox"/> 2L water 10 <input type="checkbox"/> 30 min. exercise <input type="checkbox"/> 10,000 steps <input type="checkbox"/> 100 abs <input type="checkbox"/> 10 push ups <input type="checkbox"/> 15 min. reading	<input type="checkbox"/> 2L water 11 <input type="checkbox"/> 30 min. exercise <input type="checkbox"/> 10,000 steps <input type="checkbox"/> 100 abs <input type="checkbox"/> 10 push ups <input type="checkbox"/> 15 min. reading	<input type="checkbox"/> 2L water 12 <input type="checkbox"/> 30 min. exercise <input type="checkbox"/> 10,000 steps <input type="checkbox"/> 100 abs <input type="checkbox"/> 10 push ups <input type="checkbox"/> 15 min. reading	<input type="checkbox"/> 2L water 13 <input type="checkbox"/> 30 min. exercise <input type="checkbox"/> 10,000 steps <input type="checkbox"/> 100 abs <input type="checkbox"/> 10 push ups <input type="checkbox"/> 15 min. reading	<input type="checkbox"/> 2L water 14 <input type="checkbox"/> 30 min. exercise <input type="checkbox"/> 10,000 steps <input type="checkbox"/> 100 abs <input type="checkbox"/> 10 push ups <input type="checkbox"/> 15 min. reading	<input type="checkbox"/> 2L water 15 <input type="checkbox"/> 30 min. exercise <input type="checkbox"/> 10,000 steps <input type="checkbox"/> 100 abs <input type="checkbox"/> 10 push ups <input type="checkbox"/> 15 min. reading	<input type="checkbox"/> 2L water 16 <input type="checkbox"/> 30 min. exercise <input type="checkbox"/> 10,000 steps <input type="checkbox"/> 100 abs <input type="checkbox"/> 10 push ups <input type="checkbox"/> 15 min. reading
<input type="checkbox"/> 2L water 17 <input type="checkbox"/> 30 min. exercise <input type="checkbox"/> 10,000 steps <input type="checkbox"/> 100 abs <input type="checkbox"/> 10 push ups <input type="checkbox"/> 15 min. reading	<input type="checkbox"/> 2L water 18 <input type="checkbox"/> 30 min. exercise <input type="checkbox"/> 10,000 steps <input type="checkbox"/> 100 abs <input type="checkbox"/> 10 push ups <input type="checkbox"/> 15 min. reading	<input type="checkbox"/> 2L water 19 <input type="checkbox"/> 30 min. exercise <input type="checkbox"/> 10,000 steps <input type="checkbox"/> 100 abs <input type="checkbox"/> 10 push ups <input type="checkbox"/> 15 min. reading	<input type="checkbox"/> 2L water 20 <input type="checkbox"/> 30 min. exercise <input type="checkbox"/> 10,000 steps <input type="checkbox"/> 100 abs <input type="checkbox"/> 10 push ups <input type="checkbox"/> 15 min. reading	<input type="checkbox"/> 2L water 21 <input type="checkbox"/> 30 min. exercise <input type="checkbox"/> 10,000 steps <input type="checkbox"/> 100 abs <input type="checkbox"/> 10 push ups <input type="checkbox"/> 15 min. reading	<input type="checkbox"/> 2L water 22 <input type="checkbox"/> 30 min. exercise <input type="checkbox"/> 10,000 steps <input type="checkbox"/> 100 abs <input type="checkbox"/> 10 push ups <input type="checkbox"/> 15 min. reading	<input type="checkbox"/> 2L water 23 <input type="checkbox"/> 30 min. exercise <input type="checkbox"/> 10,000 steps <input type="checkbox"/> 100 abs <input type="checkbox"/> 10 push ups <input type="checkbox"/> 15 min. reading
<input type="checkbox"/> 2L water 24 <input type="checkbox"/> 30 min. exercise <input type="checkbox"/> 10,000 steps <input type="checkbox"/> 100 abs <input type="checkbox"/> 10 push ups <input type="checkbox"/> 15 min. reading	<input type="checkbox"/> 2L water 25 <input type="checkbox"/> 30 min. exercise <input type="checkbox"/> 10,000 steps <input type="checkbox"/> 100 abs <input type="checkbox"/> 10 push ups <input type="checkbox"/> 15 min. reading	<input type="checkbox"/> 2L water 26 <input type="checkbox"/> 30 min. exercise <input type="checkbox"/> 10,000 steps <input type="checkbox"/> 100 abs <input type="checkbox"/> 10 push ups <input type="checkbox"/> 15 min. reading	<input type="checkbox"/> 2L water 27 <input type="checkbox"/> 30 min. exercise <input type="checkbox"/> 10,000 steps <input type="checkbox"/> 100 abs <input type="checkbox"/> 10 push ups <input type="checkbox"/> 15 min. reading	<input type="checkbox"/> 2L water 28 <input type="checkbox"/> 30 min. exercise <input type="checkbox"/> 10,000 steps <input type="checkbox"/> 100 abs <input type="checkbox"/> 10 push ups <input type="checkbox"/> 15 min. reading	<input type="checkbox"/> 2L water 29 <input type="checkbox"/> 30 min. exercise <input type="checkbox"/> 10,000 steps <input type="checkbox"/> 100 abs <input type="checkbox"/> 10 push ups <input type="checkbox"/> 15 min. reading	<input type="checkbox"/> 2L water 30 <input type="checkbox"/> 30 min. exercise <input type="checkbox"/> 10,000 steps <input type="checkbox"/> 100 abs <input type="checkbox"/> 10 push ups <input type="checkbox"/> 15 min. reading
<input type="checkbox"/> 2L water 31 <input type="checkbox"/> 30 min. exercise <input type="checkbox"/> 10,000 steps <input type="checkbox"/> 100 abs <input type="checkbox"/> 10 push ups <input type="checkbox"/> 15 min. reading	Notes/Goals:					